

THE *Next* OPULENT MODEL™ SOUTH AFRICA

FITNESS PHYSIQUE FEMALE

The **Fitness Physique Female** category is the perfect division for models who are more fitness oriented. Traditional fitness magazines often feature models with similar physiques. There is more muscular definition and toning on these women than on traditional models. Bodybuilders are not suitable for this division because they cannot exhibit excessive vascularity and muscularity.

RULES AND REQUIREMENTS:

- Please note that The Next Opulent Model South Africa is not a pageant or a modeling agency. It is modelling & fitness competition for existing and aspiring models.
- **ONLY** South African citizens are allowed to enter for The Next Opulent Model South Africa. Entrants must have a valid passport/SA ID or Birth Certificate.

- **This category is open to:**

• Female Contestants
• Between the ages of 17 – 55 as at 31 July 2026
• With a height of 1.55m and taller
• Entrants may NOT be pregnant - at the time of entry, during the competition or at the time of the Grand Finale show.
• Entrants have no marital status restrictions and are allowed to have children.

- Entry Fee of R585.00 is NON-REFUNDABLE. The following **complimentary (free)** package is included when paying your entry fee:
 - A full day Mentor, Coaching and Training Day with mentors and coaches which includes a 90-minute catwalk training session with our team of leaders in the industry valued at R6,500.00.
 - You do **NOT** have to pay R6,500.00 for this additional benefit as it is the value of the **FREE** Mentor, Coaching & Training Day you will receive.
 - The Next Opulent Model South Africa accreditation (if selected as an official finalist).
- Make sure to inform us if you are currently signed with an agency.

GENERAL RULES AND REQUIREMENTS AS A CONTESTANT FOR THE NEXT OPULENT MODEL SOUTH AFRICA:

1. You will be disqualified if any of the following rules of The Next Opulent Model South Africa are broken.
2. You are required to always represent The Next Opulent Model South Africa in a positive light and refrain from making any negative or slanderous remarks about the brand or any member of its team.
3. The Finalist shall receive workshops and training conducted by highly skilled professionals. Attendance at all such workshops and events is compulsory and forms part of the obligations of being a finalist.
4. The Finalist shall conduct themselves in a professional manner at all times.
5. All Finalists shall be required to sell tickets for designated events, including but not limited to the Grand Finale and MOPA. Failure to sell the allocated tickets may result in disqualification from The Next Opulent Model South Africa, unless otherwise determined by the organizers at their sole discretion.
6. Contestants and their parents/guardians are required to conduct themselves in a professional manner at all times. Any form of interference, misconduct, or disruptive behavior shall not be tolerated.
7. Contestants acknowledge and agree that no press releases, media statements, or public announcements relating to The Next Opulent Model South Africa may be made without the prior written consent of the organizers.
8. Upon request, Finalists shall be entitled to receive a reference/accreditation letter from The Next Opulent Model South Africa, which may be used for inclusion in their curriculum vitae and future job applications.

9. The Next Opulent Model South Africa shall not be held liable for any injuries, losses, damages, or expenses incurred by a Finalist in connection with their participation in the competition.
10. All prizes awarded to Contestants during the competition are non-transferable and not redeemable for cash.
11. The judges' decision is final.
12. You are required to promote on social media any prizes, gifts, or items received during your participation in The Next Opulent Model South Africa, including those from sponsors and partners, and must appropriately tag the relevant brands and companies.
13. All finalists selected that will be going through to compete in the Grand Finale will have to attend a full-day workshop to the value of R6,500.00 where they will receive training from industry leaders.
14. Upon selection as an official finalist for The Next Opulent Model South Africa you will be required to pay R290.00 to The Next Opulent Model South Africa for your official T-Shirt for the Grand Finale Show. This amount is non-refundable if you withdraw from the competition for whatever reason, or if you are disqualified.
15. In collaboration with MOPA South Africa, MOPA will host the annual Model Party. Upon being selected as an official finalist for The Next Opulent Model South Africa 2026, you are required to sell tickets for MOPA 2026. This amount is non-refundable if you withdraw from the competition for whatever reason, or if you are disqualified.
16. Entry fee, workshop fee, model party fee, t-shirt fee and sold Grand Finale tickets are non-refundable should the grand finale or workshop or relating event be cancelled or postponed due to the following reasons/factors, which may include but are not limited to, fire, flood, lightning, severe weather, strike, labor disputes, act of God, war, riot, civil actions, malicious damages, state of emergency declared by the government and/or the president of South Africa, worldwide or local disease outbreaks, epidemics and pandemics, diseases, any regulations on mass gatherings/social distancing, venue regulations and operations, change in venues, any situations/factors beyond the control of The Next Opulent Model South Africa, disqualification, own withdrawal, etc.

****The value of the complimentary (free) full-day workshop is not payable by the finalist and only serves as an indication of the value of training the finalists will be receiving.***

GENERAL RULES AND REQUIREMENTS AS A WINNER FOR THE NEXT OPULENT MODEL SOUTH AFRICA:

1. All winner(s) of The Next Opulent Model South Africa may be eligible to be signed by modeling agencies.
2. Winner(s) will be promoted by The Next Opulent Model South Africa and shall enter into a 12-month contract with the organization.
3. All official interviews arranged for the winner(s) are compulsory.
4. The Next Opulent Model South Africa shall not be held responsible for any injuries, losses, or expenses incurred by the winner(s).
5. The Next Opulent Model South Africa may use images and likenesses of finalist(s) and winner(s) at any time for promotional purposes.
6. Should a winner conduct themselves in a manner deemed unbefitting the title, they shall be disqualified, and a suitable replacement will be selected.
7. If a winner is disqualified or voluntarily relinquishes the title, all prizes, awards, and associated cash value must be returned in full and will be awarded to the next selection chosen by the judges.
8. The winner(s) will be available for their sponsors for appearances for free.
9. The Next Opulent Model South Africa serves as a platform for winners to build their personal brand; it is not responsible for the development or management of the winner's personal brand.
10. Prizes awarded to winners are non-transferable and not redeemable for cash.
11. Winner(s) are required to promote all prize sponsors and affiliated partners on a monthly basis throughout their title reign.

**** All Rules and Requirements are subject to change without prior notice***